

# Supporting Families with Infants and Toddlers During the COVID-19 Pandemic

Think Babies Partner Resources – April 2020



Think Babies national and state partners are focused on how to meet the needs of babies and families during the COVID-19 pandemic. Partners shared the following resources with ZERO TO THREE, including federal and state policy recommendations and guidance to professionals and parents on supporting early development during this challenging time. While we're pleased to share the wealth of resources from our partners, please note that it does not represent endorsement of the content included.

ZERO TO THREE has also developed resources on supporting families with babies during COVID-19 through our [Policy Response to COVID-19](#), resources for [professionals](#), and [tips for families](#).

## Resources from National Partners

### American Academy of Pediatrics (AAP)

AAP has developed a [webpage](#) with practical guidance for pediatricians and families on supporting children's health during COVID-19, including:

- [Webinars for Pediatricians](#) – A Series of Webinars to Help Keep Providers Informed
- [Information for Families](#) – Healthy Children Resources
- [Newborn Care](#) – FAQs for Management of Infants
- [Initial Guidance for Newborn Care](#) – Full Report
- [Well Child and Sick Visits](#) – Clinical Guidance Q&A for Well and Sick Visits
- [Cloth Face Coverings for Children](#)

### Alliance for the Advancement for Infant Mental Health

The Alliance has [compiled articles](#) relevant to supporting early development in times of crisis freely available. In addition, they have shared guidance on [Telehealth Services in Infant Mental Health Home Visiting](#).

### Association of Maternal and Child Health Programs (AMCHP)

AMCHP has posted a [clearinghouse](#) of resources on COVID-19 and maternal and child health.

### American Heart Association

The American Heart Association has posted a [webpage](#) on COVID-19 resources, including materials for parents.

### Child Care Aware of America (CCAoA)

CCAoA has developed resources on child care policy, as well as tips for families, available on their [Coronavirus landing page](#). This includes:

- [COVID-19 Recorded Webinars](#): including guidance on implementing emergency child care and empowering family child care providers.
- [Blog posts](#) on topics such as policy and program innovation and resources for child care programs

- [Resources for families](#) including tools to find emergency child care and tips for supporting child wellbeing.
- [Resources in Spanish](#) - translations of many of their COVID-19 resources.

## Family Values@Work

Family Values@Work has released several resources to help workers and policymakers to understand the implications of federal emergency paid sick and family leave policies:

- Blueprint for COVID-19: Know Your rights: [English](#)
- Coronavirus Federal Legislation that Aids Workers: [English](#) | [En español](#)
- Families First Act Emergency Paid Leave and CARE Act Provisions Overview: [English](#) | [En español](#)
- Workers' Rights Factsheet: [English](#) | [En español](#)
- COVID-19, Paid Leave, and Unemployment Decision Chart: [English](#)
- [Benefits Flow Chart](#) – Family Values@Work and the National Employment Law Project

## First Focus

First Focus has developed the [Kids and COVID-19: Resource Hub](#), which highlights articles and analysis of the impact of COVID-19 on children, statements and letters to Congress on federal legislation, as well as selected news coverage of the effects of COVID-19 on children.

## Georgetown Center for Children and Families

Georgetown's Center for Children and Families has created a [Coronavirus \(COVID-19\) Resource Center](#) that focuses on the role of Medicaid and CHIP coverage in meeting families' during COVID 19. This includes analysis of federal and state policy developments, as well as policy recommendations.

## International Congress of Infant Studies

The International Congress shared this report from the Brookings Institute, offering research-informed recommendations for parenting during COVID 19: [A Parent's Guide to Surviving COVID-19: 8 Strategies to Keep Children Healthy and Happy](#)

## Help Me Grow National Center

The Help Me Grow National Center is maintaining a [COVID-19 Resource Hub](#) of emerging and promising practices by Help Me Grow affiliates across the country, best practices and guidance from national partners, and other reference material that can support us all as we seek to identify new ways of providing families what they need amid an evolving and amplified set of challenges.

## Mental Health America

Mental Health America has shared a [webpage](#) highlighting COVID 19 resources on mental health, including parenting resources.

## Migration Policy Institute

Migration Policy Institute has created the webpage [Coronavirus \(COVID-19\) Research and Analysis](#), highlighting resources on the impact on immigrant workers.

## National Partnership for Women and Families

The National Partnership has developed resources on emergency paid sick and paid leave policies, including:

- [New Emergency Legislation Provides Paid Sick Days and Paid Leave for Child Care for Millions](#)
- [Know Your Rights: Emergency Paid Sick Days and Paid Leave for Child Care and Coronavirus](#)

## National Black Child Development Center (NBCDI)

NBCDI has posted [Coronavirus Resources and Recommendations](#), including national resources on child care, health, racial disparities, and other topics, as well as state-level resources in several states.

## National Women's Law Center (NWLC)

NWLC has posted multiple resources on the policy response to COVID-19 on their [COVID-19 landing page](#). This includes:

- [Improving and Expanding Child Care Assistance to Stabilize our Economy](#)
- [Ensuring Home-Base Child Care Providers Can Access New and Expanded Federal Benefits](#)
- [Child Care Coalition with Nearly 500 Organizations Requests at Least 50 Billion for Child Care](#)
- [Improving SNAP in Response to COVID 19](#)
- [Promoting Equitable Access to Health Care in Response to COVID 19](#)

## Ounce of Prevention

The Ounce shared two webpages with resources for the early childhood field:

- [Early Childhood Connector](#): Connect in real-time with others working to support children, families and communities across the country in responding to the COVID-19 pandemic. Co-created by a group of early childhood organizations, this new, free online community lets you collaborate, share ideas, curate best practices and elevate the work that's happening across the country.
- [The Ounce of Prevention Fund's COVID-19 resources](#) page includes policy recommendations and guides for providers and advocates, as well as parent resources and educational activities to keep young learners engaged at home.

## Parents as Teachers

Parents as Teachers has posted the following resources for families and home visiting professionals:

- [Resources for Families During the Coronavirus Pandemic](#)
- [Rapid Response- Virtual Home Visiting](#)

## Prevent Child Abuse America (PCCA)

PCCA shared The [Educator's Guide to Supporting the Social and Emotional Needs of Students](#), developed by the state of Michigan, to help professionals support children in coping with the COVID-19 crisis.

## Sesame Workshop

Sesame Workshop has created the [Caring for Each Other initiative](#), which features bilingual resources including Sesame Muppet moments, Street YouTube Playlists, over 110 free eBooks and more - all designed to help parents provide comfort and manage anxiety, as well as help with creating routines, fostering playful learning at home, and staying physically healthy. Their [Health Emergencies](#) topic page includes:

- New animations and printable activities that playfully teach prevention and offer opportunities for comfort and together time.
- Articles for caregivers to help answer tough questions and provide self-care strategies.
- Activity bundles that families can use to build skills and have fun together.

## Unicef USA

Unicef has released both domestic and international resources focused on COVID-19, including:

- [Coronavirus and the U.S. Crisis of Care](#)
- [Positive Parenting Tip Sheets](#) (developed by Unicef Global, with the World Health Organization)

## Unidos US

The UnidosUS COVID [website](#) highlights information and resources in English and Spanish, including graphics and policy priorities. Resources include:

- CARES Act [issue briefs](#) on education, health, economy, housing, and immigration, including an explainer [video series](#) in English and Spanish
- Progress Report blog [How the CARES Act Impacts Students, Educators, and Families During and After the Coronavirus Pandemic](#)
- [Hill letter](#) urging Congress to address Latino priorities left out of the CARES Act

## Resources from State Partners

### Raise Colorado Coalition

The Raise Colorado Coalition has compiled state-specific resources at: [COVID-19 Resources for Pregnant People, Infants, Toddlers and the Families in Colorado](#)

### Georgia Early Education Alliance for Ready Students (GEARRS)

GEARRS' [COVID-19 Resource page](#) includes resources for families, professionals, and advocates.

### North Carolina Early Education Coalition

North Carolina's Early Education Coalition has posted [COVID-19 Updates and Resources](#), including guidance for child care providers and parents, and other timely resources.

## Advocates for Children of New Jersey (ACNJ)

ACNJ has developed a [resource page](#) on COVID-19 and also published the following resources:

- [Child Care Providers and COVID-19: Paying the Bills and Helping Staff Pay Theirs](#), which provided child care owners and their employees information on federal/state supports, unemployment insurance, recovery rebates, and small business loans and grants, in an attempt to help alleviate the initial confusion.
- [New Jersey Child Care and COVID-19 FAQs](#) to help address some of the questions on payment eligibility, parent copays and essential service employee coverage.