



Congratulations on being selected as *Strolling Thunder* family!  
You want better policies for your babies and the babies in your community. Our job is to help you Be a Big Voice for Little Kids! The trainings, phone calls, and Group Meets (more informal meetings that provide opportunities for connection to other families) listed below are intended to get you started and to help you prepare for your June meetings with your Members of Congress. Some are **required (in red)** and some are **optional (in blue)**. Sign up and mark your calendars!

If you have questions or concerns, please contact your liaison:

Amanda Perez: [aperez@zerotothree.org](mailto:aperez@zerotothree.org), 202-857-2680

Carly Wolf: [cwolf@zerotothree.org](mailto:cwolf@zerotothree.org), 202-864-2933

Jared Busker: [jbusker@zerotothree.org](mailto:jbusker@zerotothree.org), 202-857-2653

### Let's Meet! Group Meet (1 hr)

**March 19** at 2:00 pm ET (1:00 pm CT; 12:00 pm MT; 11:00 am PT; 10:00 am Alaska; 8:00 am Hawaii) OR

**March 19** at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 4:00 pm Alaska; 2:00 pm Hawaii)

Sit down with your liaisons and other *Strolling Thunder* families to get connected, learn a little bit more about this process and ask any questions!

### Logistics Phone Calls (15 minutes, register for one call to fit your schedule)

If Amanda is your liaison: [March 16 - 20](#)

If Carly is your liaison: [March 16-20](#)

If Jared is your liaison: [March 16-20](#)

Schedule a one-on-one time with your liaison to talk through details of *Strolling Thunder*!

### Travel Group Meet (1 hr, for families attending in person)

**March 23** at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii) OR

**March 24** at 2:00 pm ET (1:00 pm CT; 12:00 pm MT; 11:00 am PT; 10:00 am Alaska; 8:00 am Hawaii)

For families coming to DC for their meetings with their Members of Congress, this is an opportunity to learn about the travel process and meet the travel agent.

### Storytelling Training (90 min)

**March 25** at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii) OR

**March 26** at 3:00 ET (2:00 pm CT; 1:00 pm MT; 12:00 am PT; 11:00 am Alaska; 9:00 am Hawaii)

Storytelling is at the heart of raising your voice for babies. The Communications Team at ZERO TO THREE will work with you to start crafting the stories that you want to share.

### **Storytelling Phone Call (30 mins, register for one call to fit your schedule)**

[March 27 - April 3](#)

Meet with your liaison and Gina Davis, ZERO TO THREE's Associate Director of Media and Public Relations and a former reporter, to talk through your story. Sign up and look for more information to come from Gina!

### **Taking Care of Yourself Group Meet (1 hr)**

[April 8](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii) OR  
[April 9](#) at 3:00 pm ET (2:00 pm CT; 1:00 pm MT; 12:00 pm PT; 11:00 am Alaska; 9:00 am Hawaii)

Self care is key to parenting – and championing babies and families! Meet with Meghan Schmelzer, a clinical social worker who works at ZERO TO THREE, and other Strolling Thunder families to talk about caring for yourself in this process.

### **Social Media Training (90 mins)**

[April 13](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii) OR  
[April 14](#) at 2:00 pm ET (1:00 pm CT; 12:00 pm MT; 11:00 am PT; 10:00 am Alaska; 8:00 am Hawaii)

This training will help you use social media for advocacy with confidence and clarity, giving you guidance on how you can share your story effectively, build supportive communities and engage decision-makers.

### **Power of Numbers Group Meet (1 hr)**

[April 15](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii) OR  
[April 16](#) at 2:00 pm ET (1:00 pm CT; 12:00 pm MT; 11:00 am PT; 10:00 am Alaska; 8:00 am Hawaii)

One voice for babies is powerful. Imagine the power of many! At this Group Meet, we will talk about building a movement! Who do you know who can help and how can you help them Think Babies?

### **Media Training (90 mins)**

[April 22](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii) OR  
[April 23](#) at 3:00 pm ET (2:00 pm CT; 1:00 pm MT; 12:00 pm PT; 11:00 am Alaska; 9:00 am Hawaii)

This training will answer your questions about how to share your story with the media (with ZERO TO THREE's support) and equip you with tools and techniques to ensure your story resonates with audiences, influences decision-makers, and stays true to your values. We'll talk through strategies to prepare for interviews and redirect tough questions to ensure your story is heard.

### **Meet Strolling Thunder Alumni (1 hr)**

[April 27](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii) OR  
[April 28](#) at 2:00 pm ET (1:00 pm CT; 12:00 pm MT; 11:00 am PT; 10:00 am Alaska; 8:00 am Hawaii)

Talk with Strolling Thunder alumni about their experiences as family advocates!

### **The Ask Trainings**

TBA (Registration and information on dates and times will be available soon!)

These trainings, with ZERO TO THREE's Government Relations staff, will cover the policy asks for your meetings with Members of Congress. Look for more information on which training to attend.

### **The Ask and Story Details (30 mins, register for a call to fit your schedule)**

If Amanda is your liaison: [May 1-8](#)

If Carly is your liaison: [May 1-8](#)

If Jared is your liaison: [May 1-8](#)

In these one-on-one phone calls, you and your liaison will talk about the ways your family's story relates to the policies and programs you are asking for.

### **Practice Group Meets (1 hr, each family must attend at least ONE)**

[May 11](#) at 4:00 pm ET (3:00 pm CT; 2:00 pm MT; 1:00 pm PT; 12:00 pm Alaska; 10:00 am Hawaii)

[May 13](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii)

[May 15](#) at 2:00 pm ET (1:00 pm CT; 12:00 pm MT; 11:00 am PT; 10:00 am Alaska; 8:00 am Hawaii)

[May 19](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii)

[May 21](#) at 3:00 pm ET (2:00 pm CT; 1:00 pm MT; 12:00 pm PT; 11:00 am Alaska; 9:00 am Hawaii)

Practice is key! Register for one Practice Group Meet (required). Be prepared to share your story and policy ask in a small group.

### **Travel with Tots (1 hr, for families attending in person)**

[May 27](#) at 2:00 pm ET (1:00 pm CT; 12:00 pm MT; 11:00 am PT; 10:00 am Alaska; 8:00 am Hawaii) OR

[May 28](#) at 8:00 pm ET (7:00 pm CT; 6:00 pm MT; 5:00 pm PT; 3:00 pm Alaska; 1:00 pm Hawaii)

Join Strolling Thunder families and liaisons sharing tips for traveling with little ones.

### **Preparing for Virtual Visits (2 hrs, for families attending virtually)**

[June 15](#) at 3:00 pm ET (2:00 pm CT; 1:00 pm MT; 12:00 pm PT; 11:00 am Alaska; 9:00 am Hawaii)

Join us for final preparation for virtual meetings with your Members of Congress. We will talk through the details of virtual meetings, including the schedule for meetings and how to use the technology.

### **Office Hour with ZERO TO THREE staff (1 hr, for families attending virtually)**

[June 15](#) at 5:00 pm (4:00 pm CT; 3:00 pm MT; 2:00 pm PT; 1:00 am Alaska; 11:00 am Hawaii)

Stop in to ask any lingering questions of ZERO TO THREE staff before June 16 meetings.